

FLEXIBLE FARM PICK UP One advantage offered only to those who pick up at the farm is the freedom of when to pick up your weekly box. Because we are able to store the boxes in the farm's cooler, members can pick up their share box anytime from 3 p.m. Wednesday to 7 p.m. Saturday.

ASSISTANCE FUND For those unable to meet the financial obligations of being a Pinehold member and are unable to be a worker share, we have the Pinehold Assistance Fund. Money donated by other members is available to members to partially offset the difference in what a member is able to pay and the cost of a membership. There is no means test. We simply rely on the member's own judgement of their financial situation. This year we can offer up to \$100 off a membership.

MARKET DOLLARS PROGRAM For those who would like to supplement their 16-week CSA program membership with additional produce, there is the Market Dollars program. Members can purchase increments of \$50 of credit at a 10 percent discount towards purchases at our Saturday morning market stands at the South Shore Farmers' Market in Bay View and at our farm, and at the Milwaukee County Winter Farmers Market at State Fair Park. The Market Dollar program's season is late June through December. There's no need to bring money, coupons or any other paperwork to the market. We will keep track of your purchases and deduct them from your account. Items will include the early summer crops such as peas, lettuce, kohlrabi, radishes, and Swiss chard. Once the CSA season begins, more of what is included in your boxes will be available as well as items that we grow specifically for the market such as salad mix, filet beans, fennel and arugula, as well as crops that we are trialing. While the Market Dollars program discount is only available to 2012 CSA members, the program is open to the public.

Go to www.pineholdgardens.com for more information on our farm. The website is regularly updated with new information, events and photos of our farm. Past newsletters and a printable CSA sign up form are also available.



Pinehold Gardens

Restoring a sense of place to your food

CSA ● Farm Markets ● Restaurants



OUR MISSION We will focus every effort towards a more sustainable food system and shrinking our environmental footprint. We will attend to the importance of community in our food system. We will take every opportunity possible to make the world just a little better.

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COMMUNITY SUPPORTED AGRICULTURE Pinehold Gardens is a local farm with a Community Supported Agriculture (CSA) program. A CSA is a program that establishes a relationship with the members of a community and a farm, and addresses some of their food needs. The people who participate have access to high quality and nutritious food at less of an environmental cost. **Each week** during the harvest season produce is picked fresh, carefully packed into share boxes and delivered to convenient dropsites. The farmer has a personal connection with the people who are enjoying the farm's products and a secure income, allowing the farm and the farmer to continue producing food that contributes to a healthy biosphere. By making a financial commitment to a farm, people

WHAT WE OFFER Our farm offers two great ways to purchase local food: our 16-week CSA program and our Market Dollars program. Our CSA program begins during the height of summer in mid-July and ends in late October for a total of 16 weeks. The Market Dollars program is an opportunity to supplement the CSA box with fresh produce of your choice any week during the market season.

A weekly newsletter is provided that will keep you up to date on the farm as well as recipes and food preservation ideas. And finally, because we feel the farm should be part of the community as the community is part of the farm, we offer opportunities for members to come to the farm, including our U-pick days and an open house celebration held on Sunday, August 26.

Member bonus u-pick options All members will have the opportunity to pick for free 2 pounds of Sugar Snap peas, 3 quarts of strawberries and 10 pounds of paste tomatoes. If the harvest allows, members also will have the option to pick and buy more at a reduced price. We will establish U-pick days and times, and hopefully give members enough

become members and have a personal stake in where and how their food is grown. As partners in this act of cultivating food, they recognize that they share the risk and the benefits.

Members make this partnership happen by paying before the season starts. Without CSA member support many small, local farms would enter each growing season without a means of financing the tens of thousands of dollars of expenses they accrue. But in the spirit of community support, members help keep small farms places where real food can be grown. This commitment to Pinehold's efforts supports our decision to farm because of the respect it demands, the fulfilling life it can offer and the impact it can have on creating a better world.

advance notice to plan and spend an afternoon at Pinehold. Of course, dates and amounts will be affected by the weather.



CSA SHARE SIZE Our share is a medium size that is slightly smaller than the size of most CSAs shares in the Milwaukee area and is packed each week in a 5/9th bushel box. We are hoping we found the recipe for just the right amount of food for single people, couples and busy families. For those that would like a little more or would enjoy also choosing some of their own produce, we might suggest signing up for the Market Dollars program.

From simple to creative, the recipes in our newsletters often mirror the contents of the boxes both in variety and quantity.

WHO WE ARE Pinehold Gardens grows produce in a bio-sustaining way. The farm is in the southeast corner of Milwaukee County, where we use only organic growing methods and where we preserve natural areas to promote and enhance the biodiversity. We also better utilize than most a common resource, the sun. The sun not only helps grow our crops, it also produces our farm's and household's electricity, sharing the excess with our neighbors. We feel these efforts are better for the food we produce and for the community within which we produce it. We also sell our produce at the South Shore Farmers Market in Bay View, at the Milwaukee County Winter Farmers Market, at our on-farm market stand and to area restaurants.

WORKER SHARES Sustainable vegetable production is labor intensive, creating a need for dedicated workers. To address this need, we offer a limited number of worker shares. A worker share is the exchange of labor for a membership. Worker shares make a significant contribution to the success of Pinehold Gardens and a serious commitment to a shift of 4 hours per week. A worker share commits to a shift and works that day for 16 weeks. We have two worker share seasons, which start mid-May, and mid-July. Most worker shares are needed on Tuesday mornings.

Sample boxes

- | <u>Mid-July</u> | <u>Mid-September</u> |
|-----------------------------|--|
| • Romaine lettuce | • Invento cabbage |
| • Green beans | • Cherry Royale radishes |
| • Zephr summer squash | • Tokyo Cross turnips |
| • Chrysalis Red garlic | • Ace, Carmen, Jalapeno, Hungarian peppers |
| • Tasty Jade cucumber | • Carola potatoes |
| • Cilantro | • Bridger onion |
| • Bright Lights Swiss Chard | • Estiva and Big Beef tomatoes |
| • Red Norland potatoes | • Lacinato kale |